

Mobile Medication Monitoring

Take control of managing your medication.

What is Mobile Medication Monitoring?

A comprehensive skill building program to assist participants in managing medications and developing a daily routine.

Staff start with listening to each individual to be able to address their questions and concerns. Together we will identify and focus on all areas preventing individuals from being independent with their medications. We will work together to create a custom plan for each individual's goals and needs.

Through education and skill building, we empower participants to have the confidence and knowledge to manage their medications more independently.

Who qualifies for Mobile Medication Monitoring?

- Erie County residents who are 18 years of age or older.
- Individuals diagnosed with a serious mental illness.
- Individuals must be prescribed oral psychotropic medications to participate in the program.

What are some of the benefits of Mobile Medication Monitoring?

- Developing a daily routine and finding an organizational system that works.
- Learning how to pack a medication box and/or how to set up a system using prepacked medications.
- Identifying safe ways to store medications and how to properly dispose of medications.
- Learning the name, purpose, dosage, time, and side effects of each medication and how it relates to their diagnoses.
- Attaining skills to access pharmacies and utilize services such as pharmacy delivery, automated refills, prepacked medications etc.
- Knowing how and when to obtain refills from providers and preparing for doctor appointment to address concerns.

For more information call:
814-878-3573

Visit us at www.StairwaysBH.org

Stairways Behavioral Health is a private nonprofit organization that assists persons with mental health care needs at any stage of life in their recovery by providing comprehensive rehabilitation, treatment and support essential for living, working, learning and participating fully in the community.



Stairways Behavioral Health has earned The Joint Commission's Gold Seal of Approval.